

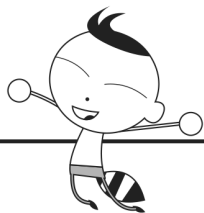


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Family Activity Book



A Note for Grown-Ups

It's so much fun to play and learn together!

Have fun playing with this activity book together as a family. Children will have more fun and learn more when sharing this book with an adult.

This book was put together with input from local school districts and community patterns to provide fun resources to help develop essential skills for school. Be sure to check out the school readiness guides and activities for **literacy, language, math, self-care, motor, and social-emotional skills.**

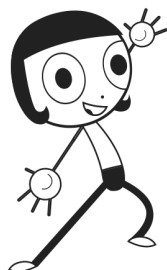
Find more fun and free resources at **PBSkids.org** and be sure to follow south plains early childhood coalition partners on social media for more great community activities and resources!

**We hope your family has a fun learning
and playing together!**

**Your Friends,
South Plains Early Learning Coalition**

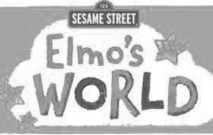


**Watch your family's
favorites anytime on
the PBS KIDS video
app for mobile and
smart TVs.
Download videos to
watch anytime!**



Find more games and activities at pbskidsforparents.org

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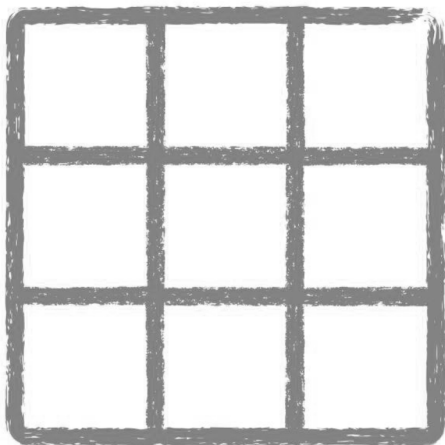
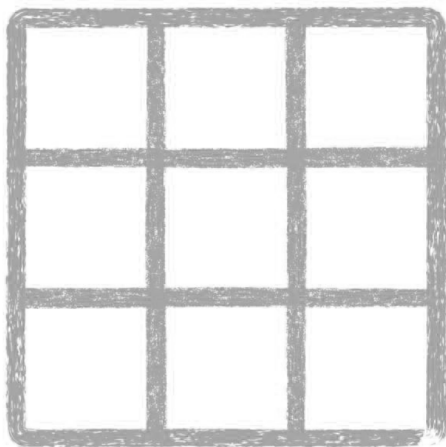


Printable Activities

SHARING

Share a game of Tic-Tac-Toe!

Find a buddy to play Tic-Tac-Toe with. You can decide together who will be X's and who will be O's, and then you can take turns going first!



The Loops Family

New Series
Stream Free - No Subscription!
Download the PBS Kids App
for Mobile and Smart TVs



Find more games and activities at pbskids.org/lyla

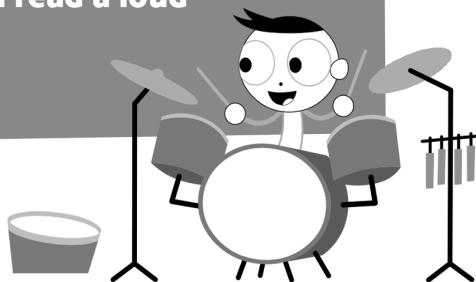


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Kindergarten Readiness Literacy Skills!

A Child can

- Draw a picture to help express an idea
- Retell a simple story
- Begins writing letters and scribbling, including letters in name
- Enjoy Listening to stories and being read to
- Recognize print objects like stop signs and store logos (McDonalds, Bathroom, Walmart)
- Choose a book that looks interesting (to the child)
- Begin to ask and and responds to questions about “who, what, when, where, and why” from a read a loud





**Daniel Tiger's
Neighborhood**

Thank You



Thank you for everything you do.



**Who do you
want to say
thank you to?**



[PBSkids.org/daniel](https://pbskids.org/daniel)

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Joke Time!

School Readiness!

Literacy

- Retell a simple story and retell everyday experiences

Social-Emotional

- Have a conversation with friends and adults

Memorizing and telling jokes is a great way to help children develop reading comprehension skills!

For children that cannot read, tell them the joke and have them share it with friends and family members.

For children that can read, read and share these jokes!

Why do fish live in saltwater?

Because pepper makes them sneeze!

What did the little corn say to the mama corn?

Where is pop corn?

How do you get a squirrel to like you?

Act like a nut!

What do you call a sleeping dinosaur?

A dino-snore!

Why did Mom throw the the butter out the window?

She wanted to see a butterfly!

What does the ocean do when it sees its friends?

It waves!

Where do cows go on Friday nights?

To the moo-vies!



Work It Out Wombats!™ is produced by PBS Kids and Pipeline Studios.



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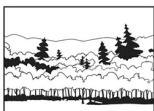
Wild Kratts Habitat Match

Draw a line from the animal to its habitat (or place where it lives).

Habitats:



African Savannah



Northern Woodlands



Ocean



Rainforest



Orangutan



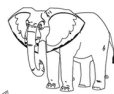
Grey Wolf



Cockatoo



White Tailed Deer



Elephant



Black Bear



Gazelle



Zebra



Octopus



Python



Orca



Arrow Squid

Extension:

Can you circle the animals whose names begin with a vowel?

A vowel is a special kind of letter that appears in every word. Vowels include the letters A, E, I, O, U, and sometimes the letter Y. "Animal" and "ocean" are both words that begin with a vowel.

ANSWER KEY: African Savannah: Elephant, Zebra, Gazelle, Orca, Grey Wolf, White Tailed Deer, Northern Woodlands: Black Bear, Grey Wolf, White Tailed Deer, Ocean: Octopus, Cockatoo, Orangutan, Python, Rainforest: Arrow Squid.

We all need a little
help sometimes.
Find support for you
and your family.



Lubbock Area
United Way

United
Way



Kindergarten Readiness

Language Skills!

Things to Know

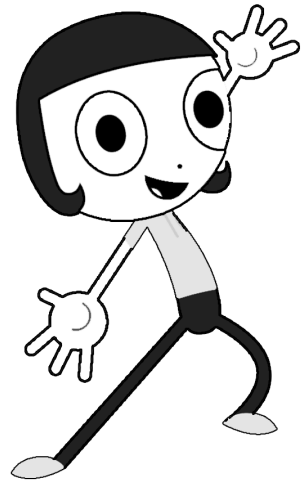
A child can:

- **Know the names of caregiver/parents, and phone number**
- **Sing common nursery rhymes and songs (Humpty Dumpty, Twinkle Twinkle, etc)**
- **Name body parts (nose, elbow, knee, etc)**
- **Name colors**

Communication Skills

A child can:

- **Take turns**
- **Explain needs and wants with words**
- **Recognize basic feelings (happy, sad, mad, scared)**
- **Follow the rules during games and activities**





**Daniel Tiger's
Neighborhood**

Daniel and Margaret



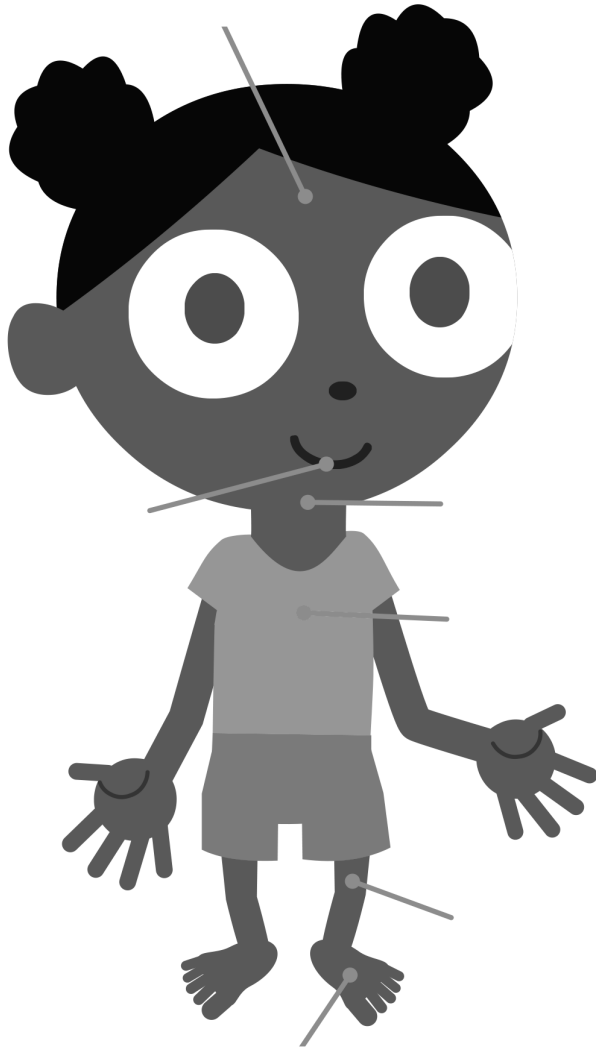
**Practice Sharing With
This Fun PBS KIDS Game**



[PBSkids.org/daniel](https://pbskids.org/daniel)

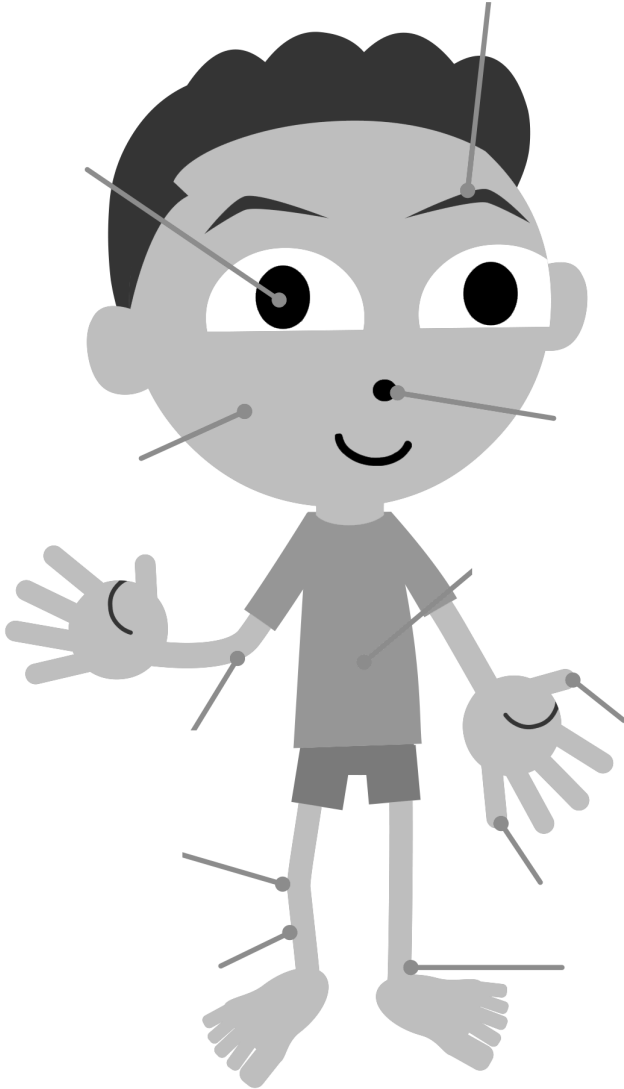
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Label the Parts of the Body!



chin chest foot forehead leg mouth

Label the Parts of the Body!



ankle cheek elbow eye eyebrow finger knee
nose shin stomach thumb

eliminating racism
empowering women
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ENROLL YOUR CHILD TODAY

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NOW enrolling for our early childcare programs at the YWCA on University!
Our state-of-the-art facilities feature early learning classrooms for children ages six weeks to five years, emphasizing literacy and school readiness. Our experienced teachers follow a curriculum aligned with Texas Pre-K guidelines to ensure your child receives the best educational foundation.



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Color in the picture by using the code below. Each symbol tells you which color to use. See a spot that doesn't have a symbol? Create your own code for the spaces without shapes.



Find more games and activities at pbskidsforparents.org

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Kindergarten Readiness

Social-Emotional Skills

A child is learning how to:

- **Communicate needs and feelings with words**
- **Ask for help when needed**
- **Adjust to new situations and stop playing to change activities**
- **Follow directions and basic safety rules**
- **Attempt new tasks knowing it is okay to make mistakes**
- **Keep hands to self**
- **Control impulses and limit disruptive behavior**
- **Separate from caregiver without getting overly upset**
- **Share with others and take turns**
- **Respect responsible adults, teachers, and caregivers**
- **Concentrate and complete an activity**





Emotions

Draw a picture that illustrates the word “sad” in the box below. Then, choose seven more words to write and illustrate in the remaining boxes. After you're done, talk about the emotions with someone else.

happy 	sad (Draw a picture here.)	(Write a word here.) (Draw a picture here.)

Sample words:
(Use these or choose different ones.)

loved upset surprised silly
proud lonely nervous unhappy



Find more games and activities at pbskidsforparents.org

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**Daniel Tiger's
Neighborhood**

The Tiger Family



Grownups Come Back

**Watch this free episode and find free resources
to help your child with separation anxiety**

[PBSkids.org/daniel](https://pbskids.org/daniel)

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Bright by **Text**

free activities, games and resources
for parents and caregivers of children
prenatal to age 8



From
Texas Tech
Public Media

The
Parenting
Cottage



**PBS
KIDS**

CARL
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COLLECTOR

Color in Carl And His Friends

Carl



Lotta



Nico



Forest



Sheldon



Arugula



Produced by:



FIND MORE GAMES AND ACTIVITIES AT [PBSKIDS.ORG/CARL](https://pbskids.org/carl)

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Kindergarten Readiness

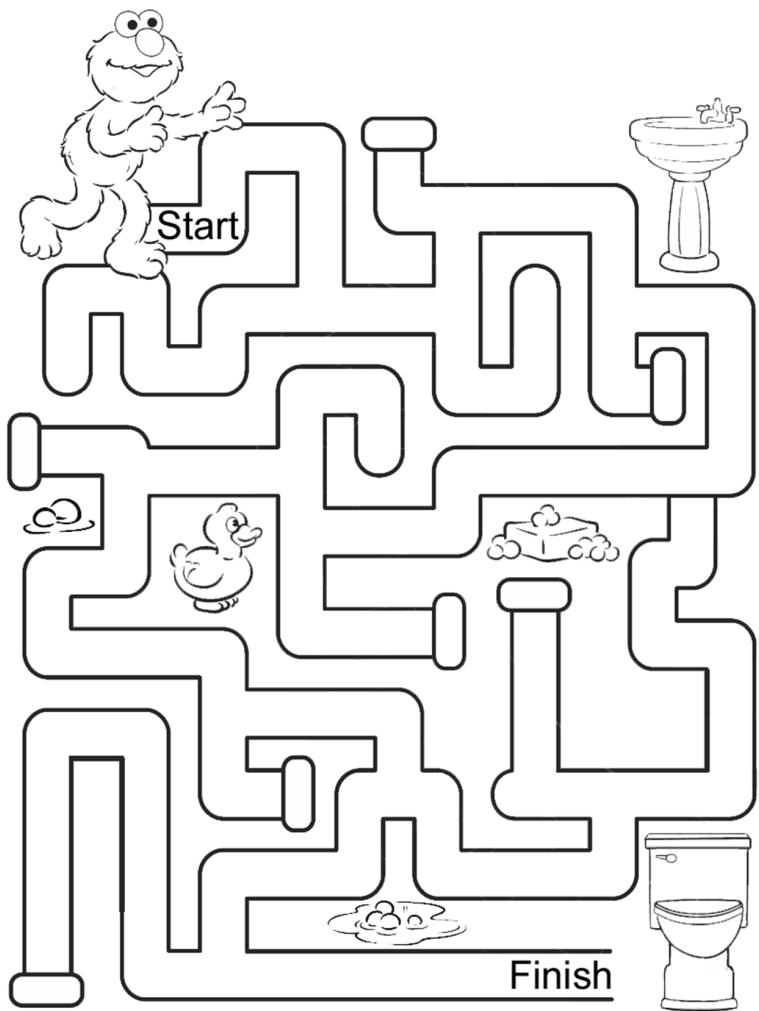
Self Care Skills!

A child can:

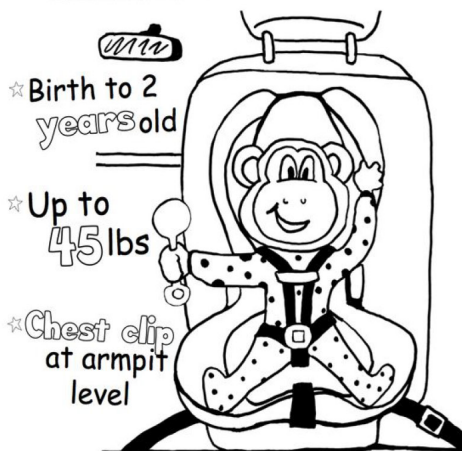
- **Use the bathroom independently, including hand washing.**
- **Pull up pants, begin to get dressed independently**
- **Put on a jacket by themselves (may still need help with buttons and zippers)**
- **Put shoes on by themselves (may still need help with shoelaces)**
- **Use tissues when coughing or sneezing**
- **Sneeze and cough into elbow**



Help Elmo find his way to the potty.

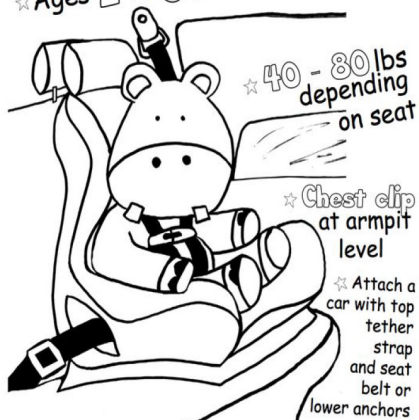


Rear Facing Infant and Convertible Seats



Forward Facing Seats

☆ Ages 2 to 5 years old



Booster Seats

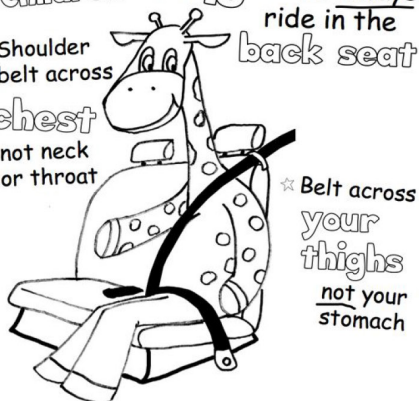
☆ Ages 4 to 8 years old



Adult-Size Seat Belts

☆ Children under 13 should always ride in the back seat

☆ Shoulder belt across chest not neck or throat





early.
learning
centers
OF LUBBOCK

Free Resources from CLI for Families

.....

CIRCLE ACTIVITY COLLECTION: FAMILY

The *CIRCLE Activity Collection* has been used by teachers for over a decade to incorporate quality early learning experiences that promote school readiness. We've adapted over 100 of these tried and true activities, and created some new ones, for families to use at home with everyday household materials. We've also included some videos with real families to show you how they used the activities with their kids.

TO ACCESS THE COLLECTION, VISIT CLIENGAGEFAMILY.ORG!

*disponible en español



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LEARNING
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- Positive and patient teachers
- Age-appropriate activities and quality curriculum
- Indoor and outdoor classrooms that help with learning and development
- Support for learning at home
- Community resources for families.



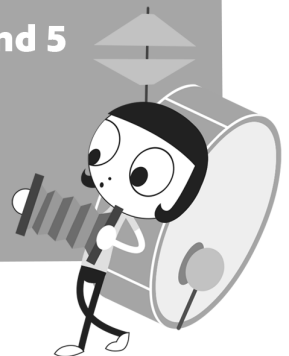
For more details, please visit www.TexasRisingStar.org

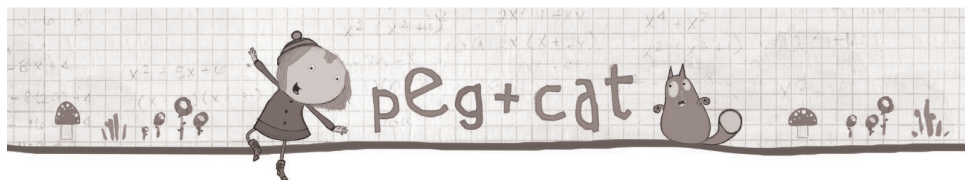
Workforce Solutions South Plains is an equal opportunity employer/programs. Auxiliary aids and services are available upon request to individuals with disabilities. Relay Texas: 711 (voice); 800-735-2989 (TDD); or Relay Texas Spanish 800-662-4954. This project is wholly funded with Federal workforce development funds.

Kindergarten Readiness Math Skills!

A Child can

- **Practice counting numbers out loud**
- **Count objects like toys, food, ect.**
- **Name basic shapes (square, circle, triangle, rectangle)**
- **Begin drawing basic shapes**
- **Compare objects using words like big/little, more/less**
- **Begin sorting objects by size, shape, and color**
- **Begin to recognize the difference between numbers and letter**
- **Begin to create groups of 2,3,4,and 5 objects**





Shape Hunt

Peg and Cat's world has turned black and white!
They need you to find all the shapes below and color them in
before they can leave the Highlight Zone.

Color:

Squares Red



Circles Blue



Rectangles Green



Triangles Yellow



The legacy lives on.

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GONE EXPLORING LATELY?



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TRAVELING EXHIBITS

Ranging from Dinosaurs and Live Butterflies to Egyptian Artifacts and younger children's exhibits like Clifford The Big Red Dog™ have been featured.

SPECIAL EVENTS

Special Seasonal events occur year-round such as BubbleFest, the Spooky Science Carnival, Holiday Wonderland and the ever-popular, CRITTERFEST!

STUDENT ENGAGEMENT

- Camps available for ages 4-5, 6-8 and 9-12 throughout the year!
- Book an "Inreach" and visit Science Spectrum with your group for a carefully crafted educational program.
- Book an "Outreach" and Science Spectrum bring Science to YOU!

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📞 (806) 745-2525

🌐 www.sciencespectrum.org

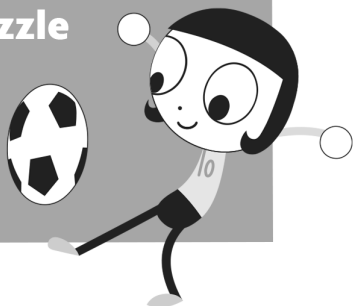


Kindergarten Readiness

Moving/Motor Skills!

A Child can

- Climb stairs
- Run, skip, and jump
- Catch and throw a large ball
- Bounce a ball and catch it
- Hold a pencil and crayon correctly
- Trace basic shapes (square, rectangle, circle, triangle)
- Touch finger to thumb
- Put jacket on themselves
- Put together a simple puzzle





Move Together!

Look at me! Look at you!
Look what our bodies can do.

Dance! Dance!
Run! Run!
Moving our bodies is so much fun!
We can jump. Jump!
We can hop. Hop!
We can wiggle. Wiggle!
We can stop. Stop!
We can twist. Twist!
We can tap. Tap!
We can stomp. Stomp!
We can clap. Clap!

And we can sit...sit (whisper slowly)
And we can rest...rest
So that we can be our very best.

We whisper. We breathe.
We smile and then,
We start to **move** all over again!

Play Call & Response Game Together!

- Read the poem together in an area with lots of space to move.
- Each time you come to an action word, ask kids to repeat the words like an echo, then show the movement (when you say "We can twist," they echo "Twist!" as they twist their bodies).
- Use a louder voice for action words like "jump." Whisper the calmer words like "sit" so that kids experience the difference between moving actively and calming down.
- Chant the poem as you move your way from one room to the next or from one side of the playground to the other.
- When you reach the end of the poem, sit down wherever you are to whisper and breathe...before starting to move all over again!



Play

Turtle, Rabbit, Cheetah

An active family game to play on a walk, march around in a circle in the backyard or house, or move while listening to music. This is a great game to help kids practice controlling their bodies.

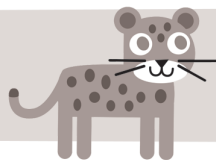
When you say "TURTLE"
players move slowly.



When you say "RABBIT"
players hop.



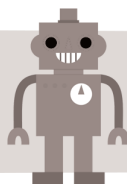
When you say "CHEETAH"
players run around super fast.



When you say "KIDS"
players move around like normal.



Try creating more animals or
categories like "ROBOT".





Weekly Story Times

**Tuesdays @ 10:00 AM- Patterson Branch Library
1836 Parkway Dr. | 806-767-3300**

**Tuesdays @ 10:30 AM- Mahon Branch Library
1306 9th St. | 806-775-2835**

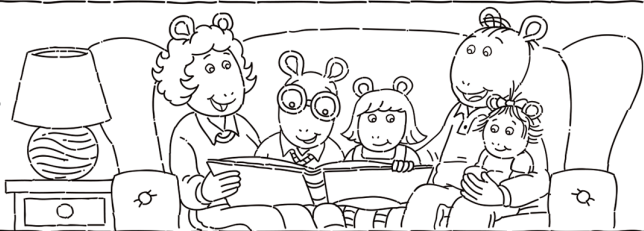
**Wednesdays @ 10:30 AM- Groves Branch Library
5520 19th St. | 806-775-3723**

**Thursdays @ 10:30 AM- Godeke Branch Library
5034 Frankford Ave. | 806-775-3362**

Recommended ages: 2-5

Q. What's got five
heads, ten eyes
and millions of ideas?

A. Arthur's family
reading together.

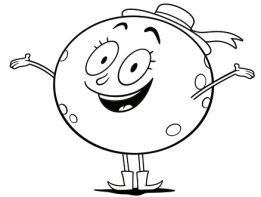


www.pbskids.org/arthur



Spot The Differences

Can you spot the 5 differences between these two pictures?



Find more games and activities at pbskids.org/luna

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